

About the Club

The purpose, for which the Lil' Knights Basketball Club was formed, is to foster, encourage and promote the playing of the sport of basketball for the children and families of the residents or those attending the Fremont-Mills (F-M) school district. This will be done through various means in order to develop and promote the qualities of physical fitness, competitive spirit, team play, school loyalty and good sportsmanship. This organization was formed in order to develop stronger basketball programs at our school. Also this organization will act as a supporting role for those participating; both students and coaches or those in other capacities; and to foster and promote understanding in the fundamentals and the fine points of basketball.

Registration

Registration will be held during the fall at Fremont-Mills school.

There will be a registration fee of \$20.00 for each player grades 3-6 and \$15.00 for grades K-2. The club will provide game jerseys. Each club member will receive a club shirt to keep. Hardships will be considered for registration fees.

Contact Us



Lil' Knights Basketball Club Fremont-Mills Community Schools

PO Box 362
Tabor, IA 51653
(712) 629-2505

Website:
FMyouthsports.com

Lil' Knights Basketball Club

Serving Fremont-Mills



Our future starts here.

K- 6th Graders

Club Values

Besides teaching young athletes basketball, the club tries to promote strong values. Our core values are:

1. Excellence is always doing your best and striving to make your best, better; therefore, always have the expectation of achieving excellence for yourself and your team.
2. Hard work and dedication is the path to individual success.
3. Teamwork and cooperation is the path to group success.
4. Do not compromise your values for temporary gain.
5. Education is important and will last long after athletic endeavors.
6. No individual is bigger than the team.

We try to teach these values through example and reinforcement as we build and operate our program.



Lil' Knights Board

The Lil' Knights Basketball Club Board shall consist of four elected positions and 8 supporting members. The elected positions will include: President, Vice President, Treasurer and Secretary. There will be a two year term for each of these positions with the understanding that the Vice President will succeed the President after two years. If for any reason the elected member cannot complete a two year term, the Executive Board will appoint a replacement.

Board Members

President: Jennifer Williams

Vice President: Rob Powers

Secretary: Sheri Hansen

Treasurer: Corina Powers

Members:

Angie Alley
Steve Alley
Jeremy Christiansen
Scott Kesterson
Annie Phillips
Brett Phillips
Matt Thompson
Rod Williams

Please feel free to ask us any questions.

Activities

- **Lil' Dribblers**

K – 2nd Boys and Girls

Lil' Dribblers will teach the fundamentals of basketball in a fun, non-competitive environment.

- **Lil' Hoopsters**

3rd – 4th Grade Boys

3rd – 4th Grade Girls

- **Lil' Knights**

5th – 6th Grade Boys

5th – 6th Grade Girls

Both Lil' Hoopsters and Lil' Knights will teach the fundamentals of basketball in a structured environment, introducing the challenge of competition with surrounding schools/clubs, while promoting the value of teamwork and sportsmanship.

Other Activities

- **Dana Girls' Basketball Camp**
- **Tournaments**
- **Optimist Tri-Star Basketball Contest**
- **Varsity halftime performance**

The first time I shot the hook, I was in fourth grade, and I was about five feet eight inches tall. I put the ball up and felt totally at ease with the shot. I was completely confident it would go in. I've been shooting it ever since.
Kareem Abdul-Jabbar